

GAZA TWO YEARS ON:
THE MASSACRE CONTINUES
Your impact, their resilience



INTRODUCTION

October marks two years of Israel's relentless assault on Gaza. That we've reached this grim milestone is testimony to the complicity of world leaders who have failed to stop the daily war crimes being carried out on Gaza.

More than 65,000 people have been killed – including some 20,000 children – and over 165,000 injured since the onslaught began.

Life in Gaza today is clouded by danger and uncertainty. Children are starving to death in a man-made famine and, each day, more civilians are massacred. The Israeli blockade traps families in a daily struggle to get food, medicine, shelter, water – everything they need to survive.

Perhaps no one is suffering more than Gaza's children. Struggling to survive, they are also seeing their hopes for the future being snuffed out. Famine threatens the lives of over 132,000 children, and all children under five are at risk of severe malnourishment, which can lead to long-term health issues, even for those who manage to get treatment. An entire generation of children are now in their third year out of school, and we are seeing rising mental health issues due to the extreme suffering and grief.

Almost everyone in Gaza has been forced from their homes, often multiple times. Ninety per cent of families have been displaced an average of six times, while others have been forced to flee many more times – including Islamic Relief's own staff.

The situation is getting even worse, with Israel intensifying its attack on Gaza City and ordering people to leave.

Israel's illegal blockade continues to restrict humanitarian aid, but amid so much hardship, Islamic Relief is a lifeline to people in desperate need in Gaza.

Over the last two years, we have constantly adapted our response in light of the highly fluid situation on the ground, striving to ensure that our staff, partners and the communities we serve are not endangered. Our response has included:

- **Distributing fresh fruit and vegetables to families living in temporary shelters**
- **Providing hot meals and hygiene kits to displaced people**
- **Distributing ready-to-eat meals, food packs and qurbani meat**
- **Providing psychosocial care to children experiencing trauma**
- **Trucking in clean drinking water**
- **Delivering medical supplies to hospitals and healthcare centres**
- **Setting up medical points and supporting these with medications and supplies**
- **Providing lipid-based nutritional supplements in partnership with the World Food Programme**
- **Cleaning shelters**
- **Providing multi-purpose cash assistance so families can buy what they need most**
- **Expanding our Orphan Sponsorship Programme to reach more than 21,000 children**

These efforts have helped to ease suffering, but the people of Gaza need more than aid.

Palestinians have shown incredible resilience, but there is a limit to what humans can endure. World leaders must finally act to demand a ceasefire and pressure Israel to fully reopen all land crossings so that sufficient supplies can arrive before it's too late for those struggling to survive.

More paltry words of condemnation will not make any difference now. To save lives, governments must apply meaningful economic and diplomatic pressure, such as ending all arms sales, suspending trade agreements, and banning trade and investment with illegal Israeli settlements.

While we continue to call for action, help Islamic Relief to continue supporting people in desperate need in Gaza. Donate to our Palestine Emergency Appeal today.



MATERNAL HEALTHCARE ❤️

Your support in action

More than 50,000 pregnant women in Gaza face giving birth in unimaginable conditions. With 50 per cent of hospitals and 61 per cent of primary healthcare facilities across the enclave completely destroyed, according to the World Health Organization (WHO), many pregnant women cannot access life-saving care.

However, ***thanks to your unwavering support***, Islamic Relief's Gaza Maternal Health Project is providing essential antenatal and postnatal care to support mothers giving birth in impossibly difficult conditions.

One thousand three hundred and eighty women are now receiving support through their pregnancies, deliveries and beyond through the project.

Thank you.



MEDICAL CARE

Gaza's healthcare system is on the brink of collapse. Civilian infrastructure, including hospitals across the Gaza Strip, has been all but destroyed due to Israel's ongoing and incessant bombardment. The destruction has left hundreds of thousands of injured, and ill and vulnerable people unable to access life-saving medical care and attention.

More than 165,000 people have been wounded since October 2023. Many are now struggling with life-changing injuries without access to the medical care they need.

Thanks to your support, Islamic Relief has been able to provide critical medical supplies and equipment to help with the overwhelming demand.

Since October 2023, *your donations* have helped to provide nearly 2.3 million medical items, including medicines, medical supplies and disposables to remaining health facilities, helping medical professionals to save precious lives in the most unimaginable conditions. *Thank you.*



Providing life-saving surgical care

Your donations are being transformed into critical medical support. Between December 2024 and July 2025, your donations helped to support three medical convoys to enter Gaza and deliver specialised surgical care for major trauma patients.

With the help of your donations, dedicated medical professionals were deployed to remaining hospitals in Gaza, to carry out over 800 medical consultations and more than 540 operations, including trauma surgeries and complex limb reconstruction procedures.



Children not numbers: Protecting mothers and newborns

Thanks to your generous donations, Islamic Relief has been supporting Children Not Numbers in Gaza - a lifeline for mothers and newborns. With your support, the programme operates clinics in Deir Al-Balah and Khan Younis, offering essential healthcare to women facing unimaginable circumstances.

Over the past year, more than 1,900 women have received vital care, and over 411 babies have been delivered safely despite immense challenges.

Your continued support is helping to provide antenatal check-ups, scans, medication, and postnatal services, giving babies the safest possible start to life amid extraordinary hardship.





HOT MEALS AND WATER 🍊

Famine is no longer a looming threat. It's arrived, and Palestinians in Gaza are starving to death every day.

Israel's total closure of Gaza has created this man-made famine by preventing adequate aid and essential goods from reaching people in desperate need. Under relentless bombardment, families have been pushed to the brink, and are enduring unimaginable suffering from a lack of the most basic essentials.

Islamic Relief staff and partners have been on the ground delivering hot meals and food parcels to families across Gaza throughout this crisis. For many, survival now depends entirely on humanitarian aid.

More than **1.1 million** people are facing emergency levels of hunger, with famine confirmed in Gaza City and the surrounding areas by the Integrated Food Security Phase Classification (IPC), which projects it will spread throughout the Strip.

Hundreds of thousands of people – including young children – are also suffering the effects of contaminated water and severe dehydration, with safe water sources destroyed by the ongoing bombardment.

Thanks to your unwavering compassion, and support for our Palestine Emergency Appeal, Islamic Relief has been able to provide clean drinking water to thousands of people in Gaza through water trucking - helping to

reduce the risk of dehydration and the spread of waterborne disease.

In coordination with the World Food Programme (WFP), Islamic Relief teams and local partners have also delivered over **71 million** hot meals. **Your generosity** has also helped to provide fresh vegetables, food vouchers, and essential nutritional supplements to those most in need – especially pregnant women, new mothers and infants.

Thank you for remembering the people of Gaza in their time of need.

Your impact



Clean water to over 930,000 people



Over 71 million hot meals



More than 229,000 ready-to-eat meals



Over 1 million lipid-based nutrient supplements

YOUR IMPACT DURING RAMADAN AND DHUL HIJJAH

Your impact during Ramadan

Thanks to your incredible generosity, Islamic Relief has been able to support people in Gaza with vital food packs during Ramadan. Your donations enabled our teams to reach more than **396,400** people during Ramadan 2024, ensuring families in Gaza could break their fasts with dignity and nourishment. **Thank you.**

The impact of your qurbani

During the sacred month of Dhul Hijjah 2024, your generous donations provided qurbani meat to more than 127,400 of our brothers and sisters in Gaza, ensuring that struggling families were able to benefit from this essential source of nourishment.

Since October 2023, it has been impossible to carry out qurbani within Gaza. However, thanks to your ongoing commitment and support, Islamic Relief teams have carried out your quality-assured qurbanis in neighbouring Egypt. For 2025's qurbani, the meat has been kept frozen and will be distributed in Gaza as soon as permission is granted to enter. The impact of your qurbani in crisis zones like Gaza, where access to meat remains extremely limited, cannot be underestimated. **Thank you.**

Eid gifts bring smiles to children

During Eid al-Adha 2024, your generous donations provided Eid gifts to more than **4,000** children. Your generosity during this time does more than just honour this blessed day – the Eid gifts you provide are a symbol of hope and compassion for those who need it most.

May Allah (SWT) shower His mercy, pleasure, and acceptance upon all those supporting this precious cause, and reward them as befits His generosity, Ameen.

Bringing Eid happiness to Dina's family

During Eid al-Fitr 2025, Islamic Relief was able to transform your compassion into Eid smiles for Dina's children - Sewar (eight years old), Mesk (six), and Bara'a (one). After losing their father and their home, life has been filled with uncertainty and hardship. Receiving new clothes **thanks to your Eid gift donations** helped to restore a small sense of joy and hope even in this time of crisis.

Sharing the joy of Eid al-Fitr

Your compassion didn't stop there. Throughout the last two years, during Eid al-Fitr, you have brought smiles to over **5,100** children through your Eid gift donations, sending a powerful message of care to children facing unimaginable hardship, during one of the most cherished times of the year.





WATER, SANITATION AND HYGIENE (WASH) 🌸

Ninety per cent of Gaza's population has been internally displaced – often multiple times. As relentless bombardment continues to destroy homes and vital infrastructure, there is no safe place left for people in Gaza.

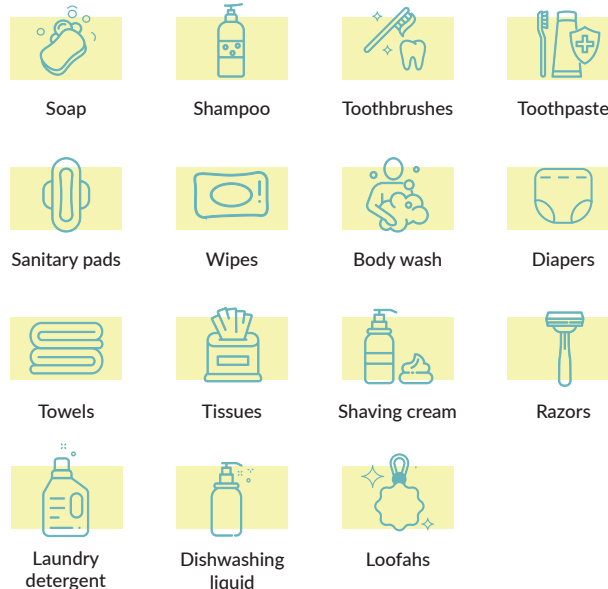
Millions have been forced to live in makeshift tents or among the rubble of their former homes. Two years on from the start of the crisis, families continue to suffer without access to safe shelter, clean toilets, or basic hygiene facilities.

But your overwhelming compassion is making a difference. **Thanks to your generous donations**, the Islamic Relief team in Gaza have delivered water, sanitation, and hygiene support to **67 shelters**, serving over **70,000 people**.

Your support has also enabled us to provide cleaning services to **85 shelters** across Khan Younis, Gaza City, and North Gaza - and to distribute more than **68,000 hygiene and dignity kits** to families in urgent need.

Your donations are helping Palestinians in Gaza cope with the harsh daily reality of displacement. **Thank you for standing with them in their time of need.**

The hygiene and dignity kits you've help to provide include:



SHELTER AND ESSENTIAL ITEMS

The crisis has forced **1.9 million** Palestinians in Gaza to flee their homes and shelters again and again, often with nothing but the clothes on their backs. Relentless bombardment has destroyed homes across the Gaza Strip, leaving families with few belongings and no place safe to shelter.

Many, including young children, have had no choice but to sleep under the open sky, beneath falling bombs.

Thanks to your swift and compassionate response to our Palestine Emergency Appeal, you've helped us provide over **69,000** essential item kits - including warm blankets, mattresses, clothing, and kitchen sets, to support displaced families through this crisis.

Thank you for bringing hope and relief to families who have lost everything.



YOUR CARE FOR GAZA'S CHILDREN

The total death toll in the Gaza Strip has surpassed **65,000** - an unspeakable tragedy. **39,000** children have been left without parents or guardians to care for them, and homes, hospitals, and schools - once places of refuge - are now all but destroyed across the enclave.

In the face of such difficulty, your sponsorship has continued to be a lifeline for Gaza's orphans, and because of you, Islamic Relief has been able to expand our programme to support more than triple the number of children than before the crisis began.

Thanks to you, we're now supporting over 21,000 orphaned children with access to urgent funds. These vital cash grants enable orphan families like Noor's access to vital sustenance, and more importantly, *hope*.

Islamic Relief has sponsored orphaned children in Gaza for more than two decades. We are heartbroken to report that among those killed in Gaza are 175 children and young people* who received support from our Orphan Sponsorship Programme.

Psychosocial care for Gaza's children

Gaza is one of the most dangerous places on earth to be a child. The UN reports that the equivalent of a classroom of children is killed in Gaza each day. The survivors are left with severe trauma and, in some cases, life-changing injuries.

With your support, Islamic Relief is providing vital psychosocial support to children and women in Gaza, helping them to cope with the impact of the ongoing crisis. **Since 2023, we have supported more than 100,000 children and over 500 women** with sessions that offer trauma support and recreational activities at shelter sites - a small but essential reprieve that helps children process grief, cope with stress and reclaim parts of their childhood that have been stripped from them.

Thank you for continuing to stand by Gaza's children, your generosity is making a meaningful difference in their lives.

*As well as children currently enrolled, this figure includes individuals over the age of 18, who had been enrolled on the Orphan Sponsorship Programme as children.

Noor's Story

Forced to flee the ongoing bombardment, Noor, his mother, his siblings and extended family lost their home and their small business - everything Noor's mother, Sameera had worked years to build. **With the support of your vital donations** however, they've been able to hold onto hope amid crisis. Your contributions mean families like Noor's can access the means to purchase food, clean water and more. **Thank you.**



ISLAMIC RELIEF
DEC MEMBER

TOGETHER
WE'RE
STRONGER

As a member of the UK's Disasters Emergency Committee (DEC), Islamic Relief is working tirelessly to support people in Gaza. In the first six months of the campaign* your donations to the DEC's Middle East Emergency Appeal helped:

- more than 22,000 people receive cash assistance
- 109,000 people receive healthcare and medicine
- 420,000 people access drinking water
- 440,000 people receive hot meals.

*October 2024-April 2025

WAITING FOR YOU

More than 7,000 orphaned children are in our system, waiting to be matched with sponsors. Without a ceasefire and an end to Israel's blockade, this number will continue to rise.

Our staff and partners have been working tirelessly to identify and register children in need of sponsorship. We have several registration points in Gaza, with follow up conversations conducted over the phone to keep families and our colleagues safe.

Your support can help give children and their families the funds to buy what they need most.

In numbers: the Orphan Sponsorship Programme in Gaza

21,084

orphaned children currently enrolled

7,375

children in our system waiting to be matched with sponsors

7,200

children enrolled before October 2023

175

sponsored children* killed since October 2023

* As well as children currently enrolled, this figure includes individuals over the age of 18, who had been enrolled on the Orphan Sponsorship Programme as children.



'INSHALLAH, I WILL FIND A SPONSOR SO I CAN WORK ON MYSELF AND MY DREAMS'

Rama, 16, is an orphaned child waiting to be matched with a sponsor. Like so many children in Gaza, her world has completely changed since October 2023.

In September last year, Rama's father and four of her siblings were killed when their home in Gaza City was bombed. Rama lost one of her legs and suffered third degree burns in the attack.

"Tala was 17 years old, Ahmed was 15 years old, Abdul Kareem was nine years old, and the youngest, Maraam, was two-and-a-half years old," the children's mother, Fadia, who also lost a leg in the blast, recalls.

The family is now just Fadia, Rama, two other daughters and three sons. The survivors have suffered psychological trauma and life-altering injuries.

"I was injured and came out from under the rubble," Rama says, adding that the family had to stay in hospital for almost two weeks. "There was a lack of medication... it was very hard for us to get treatments, so our wounds took longer to heal. We had no food or drink, so we suffered a lot."

For Fadia, who is struggling to get by with an ill-fitting prosthetic, meeting her children's needs is extremely challenging. Rama's burns require intensive dermatological treatment.

"My daughter needs to see a doctor almost weekly," Fadia says. "Honestly, her condition is taking its toll. I go to bed crying for her and wake up crying for her."

Fouad, Rama's 12-year-old brother, was thrown onto the roof of a neighbour's home by the force of the blast. Emergency surgery saved his leg from amputation, but he has problems with his spine and knee that require physiotherapy. Fouad helps his mother out by fetching water, but he can't walk far or carry heavy loads. Like Rama, Fouad is waiting to be matched with a sponsor.

Now living in a tent without any source of income, the family are struggling to make ends meet, while grieving their loved ones and coping with their own injuries. The children miss school, and Fadia feels hopeless at times.

"The situation is very difficult, and I don't know how to sort it out," she says. "There are days when we can't find food. Sometimes, we have only a cup of bitter tea to keep going. If good people give us food, we have something to eat, if no one gives us anything, we don't eat. The situation is very difficult."

Sponsorship won't heal the family's physical and emotional scars, but we can help to ease their burden, providing money that they can use to buy food and seek much-needed medical care. As they struggle to keep



surviving and piece their lives back together, Rama still dreams of her future. With your support, we can help her get there.

"Now I am struggling a lot with education. All my friends are carrying on with their studies, but in my current condition, I cannot go to the temporary education tents – the roads in Gaza are not suitable for my wheelchair.

"I don't have a mobile and we have no internet. My academic level has dropped from before, I'm not able to maintain it. I used to memorise the Qur'an, and I learned many chapters. Now I'm unable to keep up with learning. I'm sad when I think about how I used to be and how I am now.

"My ambition was to become a translator and learn a lot of languages. Insha'Allah, we find a sponsor for me so I can work on myself and achieve my dreams."



THREE WAYS TO SUPPORT GAZA'S ORPHANS

Islamic Relief has been supporting orphaned children in Gaza enrolled on our Orphan Sponsorship Programme through one-to-one sponsorship. While retaining this lifeline, to reach as many children as possible with vital support we have now introduced two more ways our donors can support vulnerable children in Gaza.

Here, we break down the different ways you can be a lifeline to Gaza's orphans:

1

SUPPORT A CHILD THROUGH ONE-TO-ONE SPONSORSHIP

Through one-to-one sponsorship, each donor is matched with a specific child who they support through a monthly stipend. The payment was previously earmarked to cover costs associated with the child's healthcare and education but, amid the ongoing crisis in Gaza, families now have full flexibility to use the money as they wish, meaning they can buy what they most need, whenever goods are available.

Donors receive updates on the child's welfare and how they are progressing in their education. In the current context in Gaza, we aim to provide these updates annually, but the frequency can vary.



2

SPONSOR MULTIPLE CHILDREN FROM THE SAME FAMILY

The ongoing bombardment of Gaza has sadly often orphaned multiple children within the same family. Many of our donors have expressed their kind wish to sponsor more than one child from the same family, which is now possible.

Multiple child sponsorship allows donors to do more to alleviate the suffering of one family by supporting up to three children.

As with one-to-one sponsorship, families receive a monthly stipend for each sponsored child, with the flexibility to use funds to buy what they most need, when available.

3

DONATE TO THE GAZA GENERAL ORPHANS FUND

Donations to the Gaza General Orphans Fund are pooled together to support orphans in need of extra care, assist their guardians, and provide financial support to those in greatest need.

This is not a direct, one-to-one sponsorship. Instead, your donations go towards providing critical care and support to orphaned children enrolled on our Orphan Sponsorship Programme.

Examples of how funds have been used in the past include covering healthcare costs that exceeded the monthly stipend provided by the Orphan Sponsorship Programme and supporting an orphan whose sponsor had been unable to continue giving.

You can choose to donate regularly to the Gaza General Orphans Fund or pay what you can as a one-off donation. Every penny generously given helps ease the burdens of families struggling to survive.

'I USED TO DREAM OF BEING A TEACHER, NOW I JUST DREAM OF AN END TO THE WAR'

Obaida and his siblings have been living with their grandmother and aunt since their mother remarried and abandoned her children. Having fled home, the family are now living in a camp for displaced people.

"I used to dream of becoming a teacher, but our lives have changed so much," says Obaida. "We're living in an endless nightmare as our home was destroyed in the blink of an eye, and we had to run away and leave everything behind – our dreams, our memories. We had nothing with us, not even my Qur'an.

"That night, the bombing was intense. Alhamdulillah, if we had left even a little later, we could have been dead under the rubble. We are living in a tent provided by a charity now."

No longer living the everyday life of a schoolboy, Obaida's days are now dominated by fetching supplies for the family.

"In the morning, I go to fetch water for our daily chores and needs. I also fill containers with water for drinking, and help my grandmother buy what we need, like canned food, which has become a staple for us. I also gather firewood so we can cook over an open fire. In the evening, I read the Qur'an to my grandmother. I had completed reciting the Qur'an before this war."

Obaida struggles to sleep at night from fear of bombs, and insects getting into the tent. The camp is littered with rubbish, which makes the hygiene situation worse, and barking dogs are always nearby. Obaida says the trip to the bathroom is too long and frightening to make alone at night. Bathing is also a challenge and has added to the spread of disease throughout the camp.

All of this has left Obaida feeling frightened and unsafe, but the Orphan Sponsorship Programme is providing some respite.

"We have been able to buy everything using the sponsorship money from Islamic Relief: blankets, food, kitchen utensils, clothes. Everything was expensive, but, as my grandmother says, we had no choice but to buy it.

"I dream of the end of the war and of living in safety and peace. I dream of being able to enjoy fresh fruit and vegetables again."



Is Islamic Relief getting aid into Gaza?

Our teams have been working hard to distribute aid in Gaza throughout the crisis.

From March 2025, Israel prevented aid and commercial supplies from entering Gaza. Following this total closure, Islamic Relief staff and partners worked tirelessly to keep distributing daily food and other aid using existing supplies that were previously brought into Gaza during the ceasefire.

However, our food stocks ran out some months ago. Our partners, such as the UN World Food Programme, also ran out of food stocks. As a result, our food distributions and nutritional supplements could not be delivered to people who desperately need them.

Some food distributions were able to resume at a reduced scale, but aid supplies are not being provided at the pace or volume required to meet the needs of Palestinians in Gaza.

We are working to try and bring additional aid into Gaza as soon as we can and have previously had numerous aid trucks enter Gaza via the Kerem Shalom crossing including vital hygiene, medical and personal items.

Many of these supplies are sitting on trucks just a few miles away from starving children and critically ill patients. They are ready to enter but are being blocked by the Israeli military.

We urgently need a permanent ceasefire and an end to the siege so that more aid can enter Gaza in sufficient quantity.

We continue other life-saving activities every day.

Is Islamic Relief able to deliver food in Gaza?

Small scale food distribution has been possible, but aid supplies are not being provided at the pace or volume required to meet the needs of Palestinians.

Is there a famine in Gaza?

The IPC, which brings together UN agencies, non-governmental organisations and governments to assess famine conditions, has confirmed a famine in Gaza City and the surrounding areas.

The current statistics paint a stark picture:

One in three children under the age of two in northern Gaza are now acutely malnourished (WHO).

Half of Gaza's population – 1.1 million people – is now experiencing catastrophic food insecurity, classified as IPC Phase 5 - this is the highest-ever number of people recorded to be in Phase 5 (Catastrophe), both in terms of percentage of the population and total number of people. It is almost inevitable that famine will spread throughout Gaza unless a permanent ceasefire is in place and Israel allows more aid and commercial goods into the territory. Deliberately depriving civilians of food and other aid is a violation of international law.

How are you delivering aid? Are you working with local partners?

Our work in the Occupied Palestinian Territory has been ongoing since 1997 and we have a fully established local team on the ground. Our team, in partnership with local organisations and partners like the UN, is working hard to deliver programmes on the ground. Our biggest partnership during this emergency has been with the WFP. Together we cooked and distributed over 71 million hot meals for displaced families in overcrowded shelters, alongside delivering other food supplies. In addition to our partnerships with agencies such as WFP, we actively coordinate with a range of other UN agencies and other international and national NGOs in Gaza. Good coordination with other organisations is vital to avoid duplication of work and maximise the efficiency and effectiveness of the humanitarian response.

Are your previous long-term programmes still running?

At present, alongside our emergency response, we are continuing to deliver our Orphan Sponsorship Programme. This is a cash assistance programme which we have been able to continue and significantly expand through a digital transfer system. Other long-term programmes that were running prior to October 2023 are currently suspended due to extreme insecurity. We hope to resume these programmes once a ceasefire is in place.

Are Islamic Relief staff safe?

The last two years have brought the deadliest violence against humanitarian workers that the world has seen in many years, with at least 418 aid workers, as well as hundreds of health workers killed in Gaza.

We are relieved that no Islamic Relief staff have been killed. However all of our staff have been forced to flee their homes and are trying to continue serving communities in need while keeping themselves and their families safe. Several of our staff have sadly lost loved ones, including husbands, wives and children in this crisis.

Islamic Relief's office in Gaza City was badly damaged by airstrikes early in the escalation, bombs have fallen nearby as our staff provide civilians with aid, and there have been deadly attacks on shelters where we have delivered aid.

What can people do to help?

Islamic Relief has an ongoing Palestine Emergency Appeal, funds from which will enable us to continue responding during this emergency phase. Once a ceasefire comes into place, we can begin to help the people of Gaza to rebuild their lives. Supporting the appeal with funds is crucial, but there are other actions that are just as important, including campaigning to call for vital political action.



THREE MIRACLES AMID THE DARKNESS: ALAA'S STORY ✨

Amid rubble and fear, Alaa gave life to three tiny miracles in April - a beacon of hope in the darkness.

Alaa, a 31-year-old mother of five from Al-Nuseirat City, has endured unimaginable hardship since the crisis began. She has been displaced three times, leaving home with nothing and forced to start anew over and over again, like so many vulnerable people in Gaza. Her days have been filled with the sound of airstrikes, and the constant hunger she and her children have faced.

When Alaa learned she was pregnant with triplet girls, her body was already weak and undernourished. *"There were nights I went to sleep crying, not knowing if my daughters would still be alive in the morning"*, Alaa says.

One night, when she heard that a neighbouring house would be bombed, Alaa fled with her family, holding her stomach with both hands, and praying her unborn babies would survive the escape. They managed to find shelter in an overcrowded school, however food was scarce, water was unsafe, and there was no access to medical care. Alaa's malnutrition worsened and her haemoglobin levels dropped dangerously low, making her fear for the welfare of her unborn babies.

Because of your donations, Alaa was able to receive a check-up at Al-Awda Hospital with the support of Islamic Relief and our partner.

There, she was able to begin attending regular appointments, and receiving blood tests, crucial vitamins, ultrasound scans, and continuous follow-up from compassionate medical professionals.

As her due date approached, doctors confirmed Alaa needed a caesarean section - a costly and risky procedure given the exceptionally difficult circumstances, and one that Alaa had no means to pay for. However, **thanks to your support**, Islamic Relief was able to cover the cost of Alaa's surgery, provide her with medications, hospital stay, and emergency blood transfusions.

Alaa experienced complications during the operation, including significant blood loss, but thanks to your support, she was able to deliver her three girls and recover well.

"Without this project, I wouldn't be here. And neither would they. This wasn't just medical care - it was a rescue mission for four lives." - Alaa



